

Iowa

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Iowa**, 119 substance abuse treatment facilities responded to the 2002 N-SSATS, reporting that there were 8,262 clients in substance abuse treatment on March 29, 2002. The survey response rate in **Iowa** was 99%.

Facility Ownership/Operation						
	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	103	87%	7,170	87%	1,068	93%
Private for-profit	5	4%	191	2%	6	1%
Local government	5	4%	132	2%	10	1%
State government	3	3%	240	3%	18	2%
Federal government	2	2%	229	3%	—	—
Dept. of Veterans Affairs	2	2%	229	3%	—	—
Dept. of Defense	—	—	—	—	—	—
Indian Health Service	—	—	—	—	—	—
Other	—	—	—	—	—	—
Tribal government	1	1%	300	4%	49	4%
Total	119	100%	8,262	100%	1,151	100%

Primary Focus of Facility						
	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	91	77%	6,624	80%	849	74%
Mental health services	1	1%	51	1%	10	1%
General health care	6	5%	485	6%	5	<1%
Mix of mental health & substance abuse treatment services	18	15%	973	12%	266	23%
Other/unknown	3	3%	129	2%	21	2%
Total	119	100%	8,262	100%	1,151	100%

Substance Abuse Problem Treated						
	Facilities ¹		Clients in Treatment on March 29, 2002			
	No.	%	Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	87	99%	4,683	57%	178	
Clients with drug abuse only	60	68%	1,396	17%	55	
Clients with alcohol abuse only	73	83%	2,182	26%	87	
Total²	88		8,261	100%	320	

¹ Facilities may be included in more than one category.

² Excludes 31 facilities that were not asked or did not respond to this question.

Type of Care

			Clients in Treatment on March 29, 2002				
			All Clients			Clients Under Age 18	
			Facilities ¹		Median No. of Clients Per Facility		
No.	%	No.	%	No.		%	
Outpatient	105	88%	7,592	92%	32	968	84%
Regular outpatient	101	85%	5,759	70%	30		
Intensive outpatient	61	51%	1,317	16%	15		
Day treatment/partial hospitalization	24	20%	243	3%	3		
Detoxification	10	8%	45	1%	1		
Methadone/LAAM maintenance	2	2%	228	3%	114		
Residential	33	28%	617	8%	15	182	16%
Rehabilitation	32	27%	566	7%	13		
Detoxification	10	8%	51	1%	2		
Hospital Inpatient	14	12%	53	1%	1	1	<1%
Rehabilitation	7	6%	26	<1%	2		
Detoxification	13	11%	27	<1%	1		
Total	119		8,262	100%	32	1,151	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	—	—
Detoxification only	—	—
Both maintenance and detoxification	2	100%
Total	2	100%
Clients in Facilities with OTPs	258	
Methadone	258	
LAAM	—	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	114	96%
Private health insurance	110	92%
Medicare	38	32%
Medicaid	109	92%
Other State-financed health insurance	80	67%
Federal military insurance	59	50%
Other type of payment	8	7%
Sliding fee scale	87	73%
Other payment assistance	20	17%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities ¹	26	10
No. of clients	507	38
Designated beds	552	64
Utilization rate	92%	59%
Designated beds per facility (average)	21	6

¹ Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	117	98%
State Substance Abuse Agency	108	91%
State Mental Health Department	15	13%
State Public Health Department/Board of Health	59	50%
Hospital licensing authority	14	12%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	28	24%
CARF (Rehabilitation Accreditation Commission)	11	9%
NCQA (National Committee for Quality Assurance)	2	2%
COA (Council for Accreditation for Children and Family Services)	2	2%
Other State/Local Agency/Organization	2	2%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Is part of organization with multiple facilities or sites	83	70%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	107	90%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	93	78%

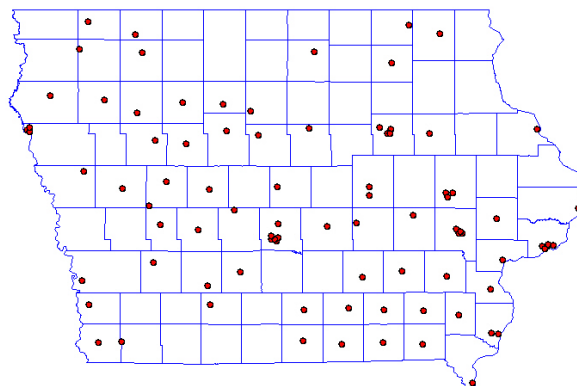
Programs for Special Groups

	Facilities	
	No.	%
Dually-diagnosed	56	47%
Adolescents	53	45%
Persons with HIV/AIDS	15	13%
Gays and lesbians	11	9%
Pregnant/postpartum women	20	17%
Women only	38	32%
Men only	23	19%
Seniors/older adults	18	15%
Criminal justice clients	32	27%
DUI/DWI offenders	50	42%
Other groups	4	3%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	107	90%
Comprehensive substance abuse assessment/diagnosis	107	90%
Comprehensive mental health assessment/diagnosis	26	22%
Substance Abuse Therapy and Counseling	119	100%
Family counseling	102	86%
Group therapy	105	88%
Individual therapy	118	99%
Relapse prevention groups	85	71%
Aftercare counseling	101	85%
Pharmacotherapies	18	15%
Antabuse	18	15%
Naltrexone	10	8%
Testing	104	87%
Blood alcohol testing	45	38%
Drug/alcohol urine screening	99	83%
Hepatitis testing	29	24%
HIV testing	27	23%
STD testing	23	19%
TB screening	46	39%
Transitional Services	108	91%
Assistance with obtaining social services	73	61%
Discharge planning	102	86%
Employment counseling/training	23	19%
Housing assistance		
Referral to other transitional services	101	85%
Other Services	89	75%
Case management services	59	50%
Child care	9	8%
Domestic violence or family/partner violence services	23	19%
HIV/AIDS education/counseling/support	51	43%
Outcome follow-up (post-discharge)	68	57%
Transportation assistance to treatment	25	21%
Acupuncture	—	—

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired	44	37%
Spanish	42	35%
American Indian/Alaska Native languages	5	4%
Other	20	17%

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.samhsa.gov